



Cimarron Animal Hospital

STARTING THE FEAR FREE VISIT AT HOME for

The Cimarron Animal Hospital Team is committed to providing a Fear Free veterinary experience, to the best of our ability, for every pet we care for.

- Leave the cat carrier out for your cat to enjoy all of the time!**
 - Feed your kitty in the carrier
 - Every day, put treats in the carrier for your kitty to discover
 - Keep soft, clean bedding in the carrier
 - Sometimes, cover the carrier with a towel or carrier cover (Cat Cozy)
 - Put a spritz of Feliway in the carrier once a day
- Wipe the carrier or spritz once with Feliway 30 minutes before travel**
- Always carry the carrier from underneath-- never use the handle. It's too much rocking and swaying!**
- Cover the carrier when traveling-** most cats would prefer not to see the world racing by while they are standing still!
- Practice Driving around the block or around town and ending up right back home!**

Start these techniques with your kitten! If you have an adult cat, start Today!

THE DAY OF YOUR KITTY'S VISIT:

- Give** Any anxiety medication that your vet has prescribed exactly as labeled. The timing of anxiety medications is critical to success in the clinic

- Bring favorite treats with you.**
 - **Give a bite when you arrive in the waiting room**
 - **Give a bite when you settle into the exam room**
 - **Toss a few around the room** to encourage exploration and natural hunting instincts- it lets off "steam"!
 - **Save the rest for us!**
 - This way, we will have more opportunity to give treats to help make the experience more pleasant

We can give additional short-acting sedation in the clinic if needed.