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«NAME» «LASTNAME» «ID»



White Coat Anxiety Training Plan

The Cimarron Animal Hospital Team is committed to providing a Fear Free veterinary experience, to the best of our ability, for every pet we care for.

"Happy Visits" as often as you can!

Hospital Visits without any procedures and lots of positive reinforcement help reduce pets' "White Coat" anxiety.

Here are our suggestions for Your Dog's Vet Visits:

- Do not feed after 6:00 pm the night before a visit so he/she will be more likely to take treats.
- Bring their favorite treats* with you.
 - Give a couple small bites* in the car
 - Give a bite* when you arrive in the waiting room
 - Let's go for a walk around the clinic, treating* often.
 - When your pet is ready, we will try touching. We'll start wherever your pet needs to gain their confidence!
 - Give your pup a treat* when you are ready to settle into the exam room.
 - Give a bite* when you settle into the exam room
 - Save the rest for us!
This way, we will have more opportunity to give treats to help make the experience more pleasant

PRE-VISIT SEDATION- if Prescribed

Every animal responds differently do different sedative medications, so sometimes we have to try different doses or drug combinations to find the perfect fit.

TIMING IS CRITICAL to maximize success. It is very important to follow the timing as prescribed! Please set an alarm (on your smart phone if possible)

*If your pup isn't treat motivated, bring along his favorite toy or ball—whatever makes him happy (and distracted)!